

# Healthy Habits for Success in DreamBox

- 1 Try every problem and finish every lesson** ✓  
Persist even when it is hard.
- 2 Utilize in-lesson support** ✓  
The feedback, hints, and help are created to assist you.
- 3 Use headphones with volume on** ✓  
Listen to the directions, assistance, and feedback.
- 4 Use the virtual tools and manipulatives** ✓  
There is no need to use pencil and paper as you work.
- 5 Work independently** ✓  
Don't let others do your work for you.



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